



# BLM Fire Operation Fitness Challenge



Each year BLM Division of Fire Operations recognizes BLM firefighters for their participation in the BLM Firefighter Fitness Challenge. This year **788** firefighters participated in the challenge. Being physically prepared for a wildland firefighting job does not come easy. These individuals take their jobs seriously by recognizing that top physical fitness increases their performance on the job as well as decreases their chance of injury.

We would also like to mention that the BLM fire leadership not only supports this challenge, but we are also seeing an increase in their participation. They are truly leading by example.

Five levels of achievement in the BLM Fire Operations Physical Fitness challenge will be recognized nationally as follows:

- Level 1 – 100 points with a minimum of 20 points in each event
- Level 2 – 100 points with a minimum of 25 points in each event
- Level 3 – 200 points with a minimum of 25 points in each event
- Level 4 – 300 points with a minimum of 25 points in each event
- Level 5 – 400 points (maximum points possible)

Some states have gone beyond the National recognition, and have awarded districts with the highest cumulative scores with traveling plaques, trophies, and in some cases monetary awards. The national office appreciates programs such as these taking it to the next level.

At this time the BLM Division of Fire Operations would like to congratulate the following individuals from their respective states.

If you have further questions on the BLM Fitness Challenge, please contact Mike Ellsworth, BLM National Assistant Training Unit Leader at 208-387-5985.

## Number of Participants Annually

State	2015	2014	2013	2012	2011	2010	2009
Alaska	41	39	73	70	60	0	0
Arizona	30	58	49	37	8	0	0
California	77	21	5	0	0	0	0
Colorado	73	60	31	72	80	8	0
Eastern Area	0	13	20	19	0	0	0
Idaho	84	187	140	177	194	126	152
Montana	8	72	56	51	0	14	29
New Mexico	23	19	12	11	43	32	18
Nevada	235	224	209	131	106	61	0
Oregon	40	84	0	62	8	35	60
Utah	42	0	9	18	0	26	0
Wyoming	55	97	66	64	71	77	64
NIFC/Smokejumper	80	76	74	84	83	83	0
<b>Total Participant</b>	<b>788</b>	<b>950</b>	<b>744</b>	<b>796</b>	<b>653</b>	<b>462</b>	<b>323</b>

2015 Top National Performers	Score	Name	Unit ID
<b>Score</b>	400	Seth Alberts	ID-SMJ
<b>1.5 mile</b>	7:24	Tyler Scheibenpflug	ID-IFD
<b>3 mile</b>	16:43	Jake Rocke	CA-KVIHC
<b>Pullups</b>	41	Tyler Samuelson	NV-SND
<b>Pushups</b>	167	Erik Fusselman	UT-WDD
<b>Situps</b>	167	Jared Speer	NV-WID