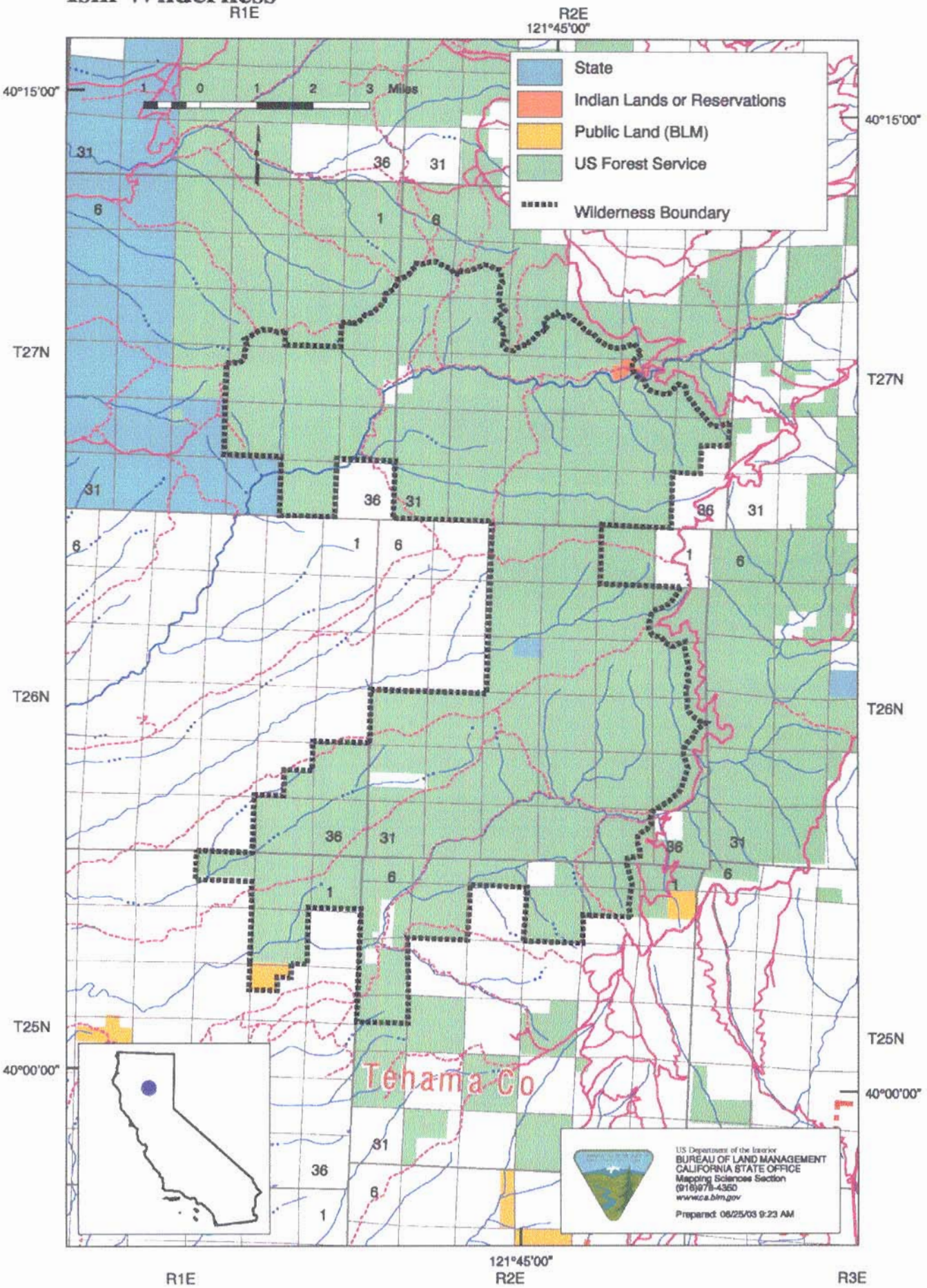Ishi Wilderness