

Find your adventure at recreation.gov and more!
 photography, exploring history, whitewater rafting, birding, horseback riding, climbing, camping, hiking, fishing, biking, open for fun activities such as millions of acres of public land are available for you to explore.

Learn more at int.org.
 and fun adventure.
 guidelines for a safe, responsible, Follow these Leave No Trace of them.
 you can help the BLM take care These are your public lands, and million acres of public lands.
 (BLM) takes care of nearly 250 The Bureau of Land Management

THESE ARE YOUR LANDS, AMERICA!

My Public Lands Owner's Guide

Leave No Trace

NATIONAL SYSTEM OF PUBLIC LANDS
 U.S. DEPARTMENT OF THE INTERIOR
 BUREAU OF LAND MANAGEMENT

Learn about the area in advance, and use a map to plan your adventure.
 Know the rules, hazards, and weather forecast. Be prepared for extreme weather and emergencies.
 Pack dry clothing, a first-aid kit, and extra food, water, and batteries.



Know Before You Go

Let nature's sounds prevail. Avoid loud voices and noises.
 Yield to others on the trail and take breaks on durable surfaces off the trail.
 Keep pets under control or leave them at home.



Potomac Heritage Trail, Maryland



Sand to Snow National Monument, California



Muddy Creek Wilderness Study Area, Utah

Stay on trails even if they are muddy or wet.
 Avoid stepping on plants—once damaged they may not grow back.
 Picnic and camp in designated areas.

Stick to Trails

Leave rocks, flowers, trees, and other natural features as they are.



Protect cultural and historic artifacts—examine with only your eyes.
 Clean boots, tires, and boats to avoid transporting non-native species.

Keep Wildlife Wild

Observe wildlife from a distance—do not follow or approach animals.
 Never feed wildlife, and keep food and trash secure.
 Avoid wildlife during sensitive times, including when nesting or raising young.



American Pika

Pack out all trash including peelings, cores, and crumbs.
 If bathrooms are not available, find a place at least 100 feet from streams, and dig a deep cathole, 6 to 8 inches deep, for the waste... or carry it out.



Vincent Creek Recreation Area, Oregon

Bring bags or containers for trash, food scraps, and pet waste.

Trash Your Trash

Be Careful With Fire

Bring a camp stove to cook food instead of building a fire.
 Where campfires are permitted, keep them small and use existing fire rings.
 Burn wood and coals to ash—make sure the fire is OUT COLD.

Wilson Creek, Idaho

