

Headwaters Forest Reserve

The Headwaters Forest Reserve protects 7,472 acres of coastal redwood forest containing some of the last undisturbed old-growth redwood stands in the world. Located in Humboldt County, six miles south of Eureka along California's North Coast, the Reserve is home to several threatened species including the marbled murrelet, northern spotted owl, coho and Chinook salmon, as well as steelhead and cutthroat trout.

Following a decade-long grassroots effort, the Reserve was acquired through federal and State of California funding and established through an Act of Congress on March 1, 1999. The Bureau of Land Management Arcata Field Office manages the Reserve in consultation with the California Department of Fish and Wildlife to protect old-growth redwood groves, other forest stands, creeks, and wildlife. The Reserve is the only forest reserve within the BLM's system of National Conservation Lands.

Tribal Partnerships

For countless generations, the Wiyot people have called this land home. Their ancestors navigated the waterways around Humboldt Bay, establishing trade routes and seasonal camps that connected communities across the region. This connection to place remains vibrant and essential to Wiyot culture today. Working hand-in-hand as co-stewards, the tribe and BLM are restoring both the natural environment and the cultural sites that give this place its meaning.

Wiyot community members continue their ancestral practices, gathering traditional materials like hazel for baskets, willow for weaving, ferns for ceremonial uses, and fallen redwood for building. The BLM honors these time-tested traditions by ensuring tribal practitioners can access these important plants for their families, communities, and cultural ceremonies.

Forest Protection and Restoration

The Reserve protects a mixed-species conifer forest including approximately 3,000 acres of thriving old-growth redwood and over 4,000 acres of second-growth and remnant old-growth redwood forest. Other conifers include Douglas-fir and western hemlock. Many second-growth redwood stands inside the Reserve require extensive management to accelerate the return of old-growth or mature forest conditions and reduce fire risk.



The BLM conducts forest health restoration projects to protect existing old-growth stands, restore the natural forest structure, improve habitat for threatened species, improve carbon storage, and increase resilience to climate change.

The BLM and partners have made substantial progress towards achieving restoration goals, including thinning over 1,600 acres of formerly logged second-growth forest, reclaiming more than 36 miles of old logging roads and planting them with vegetation, and removing non-native invasive plants. Work to stabilize hillsides has reduced the risk of more than one million cubic yards of sediment from entering the South Fork Elk River and Salmon Creek, protecting downstream aquatic habitats.

Wildlife

The Reserve is home to several wildlife species that depend on various high-quality habitats, from the redwood canopy to the nutrient-rich forest floor. The old-growth conifer forest provides essential nesting habitat for the threatened marbled murrelet and northern spotted owl.

A wide variety of plants including huckleberry, western tanoak, ferns, and several kinds of conifers grow in the shelter of redwood trees. A community of fungi, lichens, and mosses helps to regenerate soils and provide nutrients essential to wildlife. Blacktail deer, mountain beavers, mountain lions, bobcats, black bears, brush rabbits, gray foxes, Douglas squirrels, Pacific fishers, winter wrens, and many other species depend on the forest for cover and food.



Fish

The South Fork Elk River and Salmon Creek flow through the Reserve, providing crucial spawning habitat for threatened coho and Chinook salmon, as well as steelhead and cutthroat trout. Monitoring the South Fork Elk River is vital to the recovery of these imperiled fish, and informs instream restoration projects.

The BLM conducts annual salmon and steelhead spawner and juvenile snorkel surveys using California Department of Fish and Wildlife standards. In 2021, the BLM began the ongoing "Wood is Good" restoration project in the South Fork Elk River by placing trees removed from forest thinning operations into key areas of the stream to promote complex habitat. Approximately 300 trees were added to the stream, improving spawning and rearing habitat in a 1.5-mile river corridor.

Recreational and Visitor Services

The Elk River, South Side, and Salmon Pass recreation trails provide public access and opportunities to learn about the natural and cultural history of the Reserve. The Elk River Trail is a popular year-round destination for hiking, bicycling, dog walking, and wildlife viewing.

Interpretive signs along an accessible portion of the trail commemorate the historic value of a once-busy mill town named Falk (listed on the National Register of Historic Places), grassroots efforts leading to Reserve designation, and the unique redwood ecosystem. The Headwaters Education Center along the Elk River Trail is open to the public. For hours and other information, visit: www.blm.gov/headwaters-forest-reserve.

From May through November, BLM staff and volunteers, provide interpretation, education, guided hikes, workshops, and special organized events along the Elk River Trail and in the Education Center.

During the school year, hundreds of students visit on field trips to study redwood ecology, local history, and watershed health.

The seasonal South Side Trail provides a more primitive hiking experience along a short, moderately steep loop. The trail is closed to dogs and bicycles to minimize disturbance to water quality, fish, and wildlife.

The seasonal, reservation-only Salmon Pass Trail provides access to spectacular old-growth and second-growth redwood forest on the south side of the Reserve. Visitors participate in docent-led guided hikes along the trail from May through November.

Visitation

Over the past 25 years, visitation to the Reserve has increased from 5,000 to over 94,000 visitors per year. Many daily visitors come from the surrounding Humboldt Bay region, which has a population of approximately 80,000. Visitation peaks during the summer months, drawing additional visitors from central and southern California.

Partnerships

The BLM Arcata Field Office works with partners including the California Department of Fish and Wildlife, Redwood Parks Conservancy, AmeriCorps Watershed Stewards Program, California Conservation Corps, Save the Redwoods League, Cal Poly Humboldt, and local schools in projects to conserve the Reserve and share information about its importance.

