### BLM - YOUR PUBLIC LANDS

The Bureau of Land Management (BLM) manages more than 245 million acres of public land and 700 million acres of subsurface mineral estate throughout the nation. The BLM accomplishes its multiple-use mission by managing activities, such as outdoor recreation, livestock grazing, mineral development, and energy production, and by conserving natural, historical, cultural, and other resources on public lands.

As guardians of the past and stewards for the future, BLM-Eastern States is committed to sustain the health, diversity, and productivity of the public lands and resources spanning the 31 states east of and adjacent to the Mississippi River for present and future generations.

### WELCOME

Managed by BLM-Eastern States, the Meadowood Special Recreation Management Area (SRMA) is a key component of the parks, refuges, and other preserves on the Mason Neck Peninsula that has been protected from development. Just 18 miles southwest of Washington, D.C., Meadowood is an 800-acre mosaic of gently sloping open meadows, mature hardwood forests, freshwater ponds, creeks, streams, and riparian wetlands. This diverse habitat supports a great variety of wildlife, including white-tailed deer, red fox, coyote, beaver, raccoons, hawks, eagles, reptiles, amphibians, and more. Meadowood, which is home to 30 species of migratory songbirds, is within the National Audubon Society's Lower Potomac River Important Bird Area.



### ACCESS TO MEADOWOOD

Visitors can gain access to Meadowood from the following list of physical addresses, which are trailhead and field station locations in Lorton, Virginia 22079:

#### **Hidden Pond Trailhead**

10705 Belmont Blvd. (Lat 38.665023°/Long -77.207983°)

### **Mustang Trailhead**

(horse trailer parking) 10702 Harley Rd. (*Lat* 38.668153°/*Long* -77.187171°)

#### **Meadowood Trailhead**

10324 Belmont Blvd. (Lat 38.677070°/Long -77.208264°)

#### Giles Run Trailhead

10207 Old Colchester Rd. (Lat 38.680424°/Long -77.219996°)

### **Mason Neck Gateway**

10110 Gunston Rd. (Lat 38.683495°/Long -77.208751°)

### **BLM-Eastern States Lower Potomac Field Station**

10406 Gunston Rd. (Lat 38.674924°/Long -77.197374°)

## RULES AND RESPONSIBILITIES



Dogs must be on a 6-foot or shorter leash



Camping is only permitted for environmental education and other managed groups.



Motorized vehicle use is prohibited on trails.



Model rockets and explosives are prohibited.



Hunting is only allowed when managed by the Bureau of Land Management.



No swimming or bathing in ponds and streams.



Open sunrise to sunset.



### LEAVE NO TRACE PRINCIPLES

#### Plan Ahead and Prepare

By planning and preparing for your trip, you can minimize your impact. Also, remember to prepare for extreme weather, hazards, and emergencies.

#### **Dispose of Waste Properly**

Pack it in, pack it out. Inspect your area for trash, leftover food, and litter, and leave the area better than you found it for the next visitor.

#### **Leave What You Find**

Preserve the past: Observe, but do not touch, cultural or historic structures or artifacts. Leave rocks, plants, and other natural objects as you find them, and avoid introducing or transporting nonnative species.

#### **Respect Wildlife**

Observe wildlife from a distance, and do not follow or approach them. Never feed animals. Feeding wildlife damages their health, alters natural behaviors, and exposes them to predators and other dangers. Control pets at all times, or leave them at home.

#### **Be Considerate of Other Visitors**

Be respectful and courteous of other visitors, and protect the quality of their experience. Yield to other users on the trails.

For more information, visit the Leave No Trace Center for Outdoor Ethics at www.lnt.org.

**Hours:** sunrise to sunset For emergencies, dial 911.

## For more detailed information, contact us at:

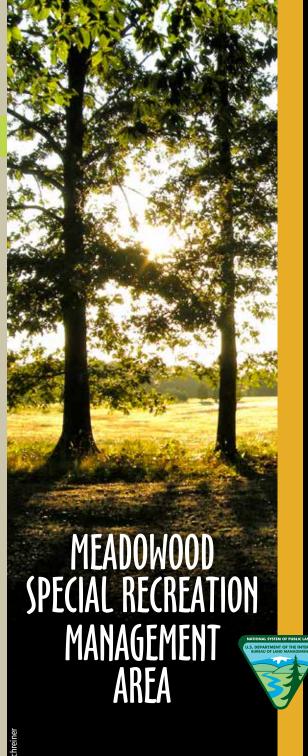
Lower Potomac Field Station 10406 Gunston Rd. Lorton, VA 22079 (703) 339-8009



www.blm.gov/es/st/en/fo/lpfo\_html.html

### e-mail:

blm\_es\_meadowood@blm.gov



# RECREATIONAL ACTIVITIES

While at Meadowood, visitors can enjoy hiking, running, mountain biking, horseback riding, wildlife viewing, fishing at two ponds, hunting (seasonal), nature photography, geocaching, environmental education, and interpretation.

### TRAIL SYSTEM

Two national trail segments pass through the Meadowood SRMA, the Potomac Heritage National Scenic Trail and the Washington-Rochambeau Revolutionary Route National Historic Trail. These national trail segments help make up Meadowood's 15-mile, multiple-use trail system, which provides opportunities for hiking, running, mountain biking, and horseback riding. One universally accessible trail within the trail system leads to a hidden pond. All trails are accessible to hiking, except approximately 2 miles of intermediate mountain bike trails. Almost all horseback riding trails are covered with aggregate stone. The other trails within the system are either natural surface or aggregate stone.



