



Campbell Creek Science Center

Time Outside Together (TOTs): Birds

Resources to explore the natural world with children under five.



Build a Bird

Birds have special body parts that help them survive. We call these body parts *adaptations*.

- **Beaks:** Some birds have long beaks for sipping nectar from flowers. Other birds have short, strong beaks for making holes in trees to find bugs to eat. Some birds have sharp, hooked beaks to tear up meat and fish.
- **Eyes:** Birds have large eyes to see small objects far away.
- **Feet:** Some birds have wide, webbed feet for swimming. Other birds have sharp talons for catching small animals and fish.
- **Bodies:** Birds have very light bodies and strong muscles so they can fly.

Use household art supplies to create an imaginary bird with some of these body parts. How do these *adaptations* help your bird survive? Give your bird a name!

Kid Binoculars

Follow the instructions below to make a pair of “binoculars.” Look for birds out your window or in your neighborhood.

1. Gather two toilet paper rolls or cut one paper towel roll in half.
2. Attach the two rolls side-by-side using tape or glue.
3. Poke a hole in the side of each roll about 1/2 inch from the top.
4. Measure and cut a piece of string long enough for a neck strap.
5. Thread one end of the string through one of the holes you made. Tie a knot to secure it.
6. Thread the other end of the string through the second hole. Tie a knot to secure it.
7. Decorate your binoculars and go explore!

