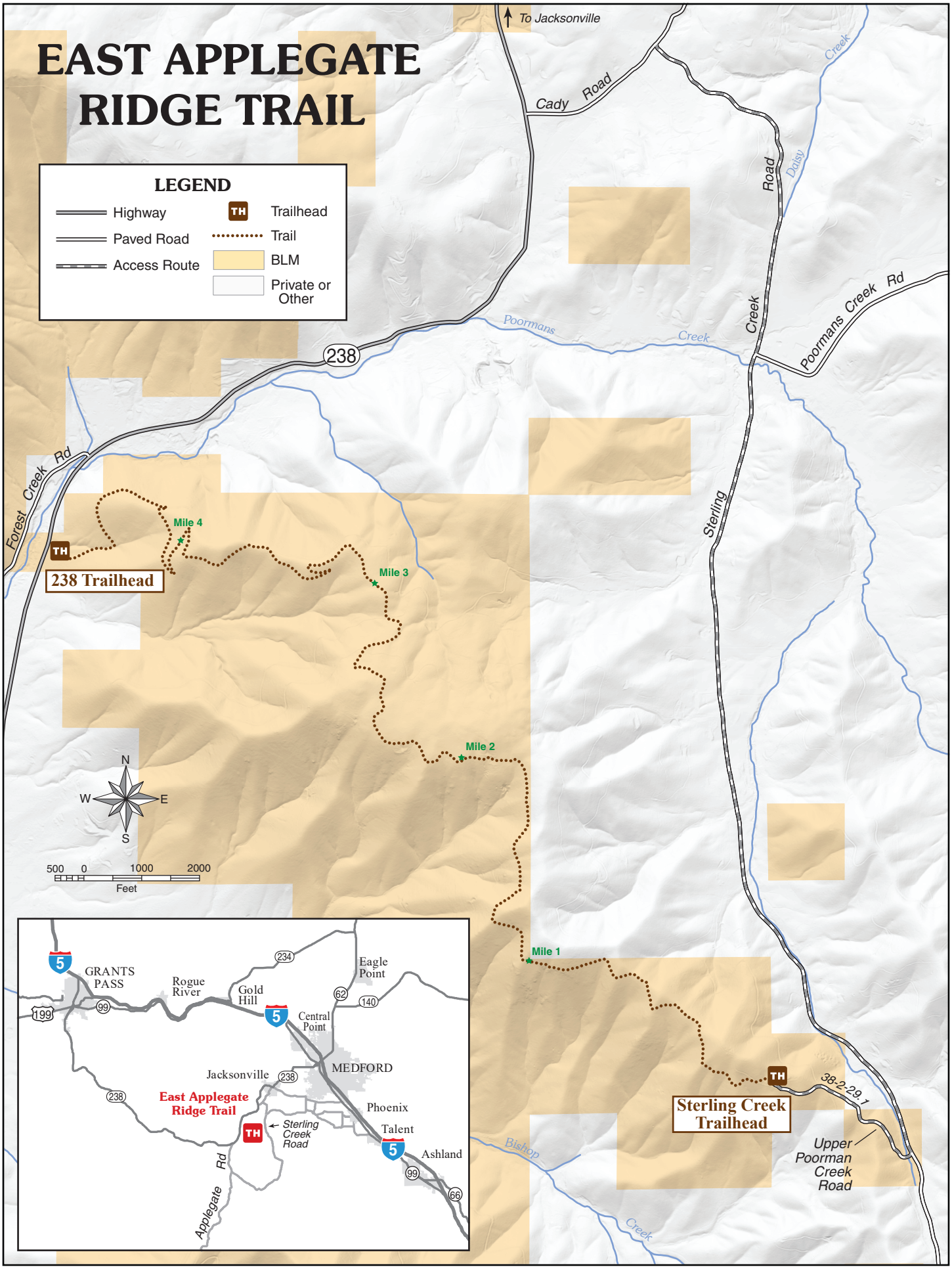EAST APPLEGATE RIDGE TRAIL