Welcome to Canyon Country!

If you like to camp, hike, climb, raft, bike, four-wheel, or attend outdoor events, Moab’s BLM public lands are a red rock adventure mecca. Located in the heart of the Colorado Plateau and carved by the Green and Colorado Rivers, the BLM Moab Field Office manages 1.8 million acres of spectacular scenery, including a vast array of arches, spires, canyons, cliffs and mesas. Recreation opportunities draw nearly 3 million visitors a year to this unique desert landscape.

While exploring public lands you can see how the BLM supports other multiple uses, such as oil and gas production, livestock grazing, mining, and projects to enhance wildlife habitat. The agency strives to manage and conserve public lands for future generations, but we need your help! This visitor guide provides information to keep you and your family safe, while preserving public lands and resources for generations to come.

World-renowned routes abound at Wall Street, Fisher Towers, Ice Cream Parlor and Big Bend Bouldering areas.  
More than 3,000 miles of motorized routes and trails await 4WD, OHV and dirt bikers.  
Numerous hiking trails (many pet friendly) provide opportunities for visitors of all ages.  
150+ miles of non-motorized mountain bike trails with varying difficulty beckon to riders of all abilities.

To beat the summer heat, try rafting, canoeing, or stand-up paddle boarding on the Colorado and Green Rivers.

Protect Your Public Lands. Protect Yourself.

Drink water.  
It is easy to become dehydrated in the high desert, even in cold temperatures. Drink at least 1 gallon (4 liters) of water per day.

Tread lightly.  
Stay on designated routes & trails to protect fragile desert soils, plants and wildlife habitat.

Pack out your poop.  
Human waste poses health risks to you and your public lands. Carry out all human waste in approved waste bags or use public restrooms.

Watch the weather.  
Dangerous electrical storms can develop quickly in the desert. There is no safe place outside during a storm. Relocate and seek shelter inside.

Protect the past.  
Vandalism (including touching) of rock art erases stories of ancient people and destroys the experience for future visitors. Stay a safe distance and take only pictures.

Leave rocks as you see them.  
Graffiti—carving, scratching, painting, or any type of marking—is unsightly and illegal. Take photos and mark on them, not the rocks.

Visit the Moab Information Center, 25 East Center Street, Moab, UT to learn more.
Know Before You Go

The BLM maintains developed campgrounds in the Moab area for your enjoyment. These campgrounds are located on scenic routes along rivers, in canyons, and on mesa tops.

- Individual campsites are first come, first serve. No reservations.
- Camping fees are $20/night/site, cash or check only (U.S. currency), paid at the campground (max 10 people & 2 vehicles/site).
- No water or electricity is available in campgrounds.
- Vault toilets, fire rings, picnic tables and trash service are provided at all campground areas.
- No firewood gathering is allowed. Firewood may be purchased at convenience stores in Moab.
- Large group sites may be reserved up to six months in advance and up to eight days prior to arrival date. Go to: Recreation.gov.
- Camping on public lands is limited to 14 days at a single location. Each new location should be greater than 30 miles from the last.

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Your Fee Money at Work

Campgrounds are operated solely with fee dollars—not appropriated government funds. Your money stays here!

Total Annual Campground Expenses = $1.1 Million

- Drinking Water

Drinking water is available at Lions Park, located north of Moab at the intersection of U.S. Highway 191 and State Route 128.

- Biological soil crusts provide the glue that holds desert ecosystems together.
- Once damaged, it can take decades for the soil to recover. Help protect your public lands by using trails or walking on hard surfaces and within dry washes.
Please Use Trails
Fragile, living desert soils are destroyed by tire tracks and footprints. Travel on designated roads. Hike on trails, slickrock or sandy washes.

Protect the Past
Admire rock art with your eyes. Touching or scratching destroys it. Leave artifacts alone.

Pack Out All Trash
If you bring it in, bring it out, including all trash and food scraps.

Pack Out Your Poop
Human waste is a real health concern around Moab. Pack it out in approved waste bags.

Respect Wildlife
Do not chase wildlife. Keep pets under control and maintain distance. Remain quiet for the best viewing.

Download Avenza Maps from the app store to get FREE georeferenced maps of recreation and camping areas around Moab!
Visit us: https://www.blm.gov/maps/georeferenced-PDFs
**Popular Hiking Trails**

**Dog Friendly Trail Information:**
Dogs are allowed on BLM trails, but must be leashed or under voice command. Desert heat can be deadly for dogs. Always carry water for your furry friend and never leave them in a car.

<table>
<thead>
<tr>
<th>State Route 128</th>
<th>Trailhead Location</th>
<th>Distance (roundtrip)</th>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amphitheater Loop</td>
<td>2.2 miles from Hwy 191, park at Hittle Bottom.</td>
<td>2.8 miles (4.5 km)</td>
<td>2.5 hours</td>
<td>Meander through washes, around boulders, and over benches in the Moenkopi and Cutler sandstones. Trail ascends 250 ft. for sweeping views of the Colorado River.</td>
</tr>
<tr>
<td>Fisher Towers Trail</td>
<td>2.2 miles from Hwy 191, right on dirt road to parking lot</td>
<td>4.4 miles (7.08 km)</td>
<td>4 hours</td>
<td>Features fantastic close up views of the Fisher Towers and Onion Creek area. This trail has little shade and can be exceptionally hot on summer afternoons.</td>
</tr>
<tr>
<td>Grandstaff Canyon</td>
<td>3 miles east of Hwy 191</td>
<td>6.44 miles (10.35 km)</td>
<td>4 hours</td>
<td>Family friendly hike along a perennial stream to Morning Glory Natural Bridge, a 243-foot long rock span. Use caution: poison ivy is present along trail.</td>
</tr>
<tr>
<td>Sylvester</td>
<td>18.5 miles from Hwy 191, right onto Professor Valley Rd.</td>
<td>6.54 miles (10.53 km)</td>
<td>5 hours</td>
<td>This trail follows an old cattle trail and travels on sandstone and shale ledges climbing 810 feet to a rise overlooking Castle Valley.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Highway 191</th>
<th>Trailhead Location</th>
<th>Distance (roundtrip)</th>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dinosaur Stomping Grounds</td>
<td>2.5 mi. north of Moab to North Klondike MTB trailhead.</td>
<td>3.4 miles (5.47 km)</td>
<td>3 hours</td>
<td>The pedestrian trail starts on a mountain bike trail and branches off to a hiking only trail. Follow rock and painted yellow dots to the Jurassic-age track site. There is a net elevation gain of 495 feet.</td>
</tr>
<tr>
<td>Hidden Valley Trail</td>
<td>3 mi. south of Moab, to Angel Rock Rd, to Rimrock Rd.</td>
<td>6 miles (9.66 km)</td>
<td>3 hour</td>
<td>Hidden Valley offers views of Moab Valley and Behind the Rocks. Steep switchbacks lead to more mellow terrain. Just beyond the low pass (~2 miles) the trail connects with the Moab Rim 4WD road.</td>
</tr>
<tr>
<td>Ken’s Lake Trails</td>
<td>7 mi. south of Moab 191, follow signs for Ken’s Lake.</td>
<td>3 miles (4.82 km)</td>
<td>1 hour</td>
<td>Features family-friendly short hikes near water sources. Circumnavigate the reservoir, walk to Faux Falls, and enjoy the Ken’s Lake Rock Loop Nature Trail.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Route 279</th>
<th>Trailhead Location</th>
<th>Distance (roundtrip)</th>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corona Arch Trail</td>
<td>10 mi. west of Hwy 191.</td>
<td>3 miles (4.82 km)</td>
<td>2 hours</td>
<td>This popular trail features Corona Arch and adjacent Bow Tie Arch. Trail includes two safety cables with steps cut into the slickrock. These may pose difficulty for some hikers and be impassable for dogs.</td>
</tr>
<tr>
<td>Jeep Arch Trail</td>
<td>10.3 mi. west of Hwy 191.</td>
<td>4 miles (6.44 km)</td>
<td>3.5 hours</td>
<td>Spectacular views await! Pass through a large metal tunnel beneath the railroad tracks and look for a sign to the left. The gradual rise takes you around fins and spires and finally to the well-named arch.</td>
</tr>
<tr>
<td>Longbow Arch Trail</td>
<td>Poison Spider parking area, 5.9 miles from Hwy 191.</td>
<td>2.4 miles (3.82 km)</td>
<td>1.5 hours</td>
<td>This route features dinosaur tracks, rock art, and Longbow Arch. The trail ascends for a 200 foot gain, including a short climb on slick rock (metal handles in rock)—may not be suitable for dogs.</td>
</tr>
<tr>
<td>Poison Spider Bench</td>
<td>Poison Spider parking area, 5.9 miles from Hwy 191.</td>
<td>2.2 miles (3.54 km)</td>
<td>2 hours</td>
<td>With a 230 ft. elevation gain along the first 1/4 mile, this trail offers striking Colorado River views. After this short climb, the trail levels out. Follow signs to stay on foot path.</td>
</tr>
<tr>
<td>Portal Overlook Trail</td>
<td>Jaycee Park Campground, 4.2 miles from Hwy 191</td>
<td>4 miles (6.44 km)</td>
<td>3 hours</td>
<td>Enjoy panoramic views of the Moab Valley, La Sal Mountains, and Colorado River. Keep dogs leashed, as the trail travels along exposed cliff edges. In summer, this trail is largely shaded in late afternoon.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Route 313</th>
<th>Trailhead Location</th>
<th>Distance (roundtrip)</th>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dellenbaugh Tunnel</td>
<td>6.4mi west of Hwy 191, turn onto Spring Canyon bottom road, then short distance on Secret Spire Jeep Safari Route</td>
<td>3-4 miles (4.8-6.4 km)</td>
<td>3 hours</td>
<td>This trail offers outstanding views of the high-desert landscape. From the parking area follow painted dots on smooth sandstone for 0.5 miles. At this point, choose between hiking on rock or through grasslands, both of which join a single trail leading to the natural rock tunnel.</td>
</tr>
<tr>
<td>Kane Creek Road</td>
<td></td>
<td></td>
<td></td>
<td>Enjoy a free-flowing stream during spring months with cottonwood trees and pools along this canyon hike. A large arch is located high on the right-hand side of the canyon, 0.5 miles from the trailhead.</td>
</tr>
<tr>
<td>Hunter Canyon</td>
<td>7.5 miles west of Hwy 191</td>
<td>4 miles (6.44 km)</td>
<td>4 hours</td>
<td>This trail is all about aerobic exercise, gaining 910 feet of elevation in just 0.8 miles. The workout is rewarded by great views of the Colorado River.</td>
</tr>
<tr>
<td>Stairmaster</td>
<td>1.9 miles west of 500 West.</td>
<td>1.6 miles (2.57 km)</td>
<td>2 hours</td>
<td>This trail features Corona Arch and adjacent Bow Tie Arch. Trail includes two safety cables with steps cut into the slickrock. These may pose difficulty for some hikers and be impassable for dogs.</td>
</tr>
<tr>
<td>Sand Flats Recreation Area</td>
<td></td>
<td></td>
<td></td>
<td>Family friendly hike along a perennial stream to Morning Glory Natural Bridge, a 243-foot long rock span. Use caution: poison ivy is present along trail.</td>
</tr>
<tr>
<td>Juniper Loop Trail</td>
<td>6.3 miles past entrance booth on left.</td>
<td>1.9 miles (3 km)</td>
<td>1 hour</td>
<td>Ascend 100 feet to the top of a small mesa for sweeping views and relative solitude. Sections of the trail follow along steep cliff edges. Use caution and follow trail markers.</td>
</tr>
</tbody>
</table>

**Primitive Camping on Public Lands**

**Camping is only allowed in developed campgrounds within 20 miles of Moab.**
Primitive camping is available in certain areas outside of Moab (see map inside)

- **Designated:** A limited number of campsites are marked with a brown tent symbol
- **Dispersed:** Camp where others have been (previously disturbed areas)

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**These regulations apply to all sites:**

- Vehicle must stay on road
- Pack it in, pack it out!
- Human waste carryout required
- Do not build new fire rings
- Do not mark on rocks
- No wood cutting or gathering

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**Pack Out Your Poop**
Due to high use, human waste is a serious health issue at dispersed camping sites. All solid waste must be packed out in approved waste bags or portable toilet systems. These may be purchased at the Moab Information Center and local outdoor retailers.