



United States Department of the Interior
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To: All Oregon/Washington Employees
From: Associate State Director
Subject: 2007 Fitness Award Recipients

I am pleased to join with the Oregon/Washington (OR/WA) Human Resource Development Committee (HRDC) in recognizing the efforts of the 420 participants (60 teams) in the 2007 Fitness Challenge. These 60 teams improved their health and well being by putting in a total of 1,544,412 minutes over the course of this years challenge. It's good to see so many employees interested in their own wellness.

My congratulations go out to the following fitness challenge champion teams: *Sardaukar (Coos Bay District Office)*, *The Mad Mappers (Oregon State Office)*, *Magnificent 7 (Lakeview District Office)*, and *Too Busy Exercising To Come Up With A Name (Eugene District Office)*.

1st Place: The members of "Sardaukar" compiled 56,944 minutes of exercise time during the Fitness Challenge. Members of the team were:

| | |
|----------------------------|----------------|
| Steven Hennessey (Captain) | Chris Sheridan |
| Kerry Johnson | Robin Estes |
| Chris Schumacher | Angela Hoffard |
| Kip Wright | |

2nd Place: The members of "The Mad Mappers" compiled 55,060 minutes of exercise during the Fitness Challenge. Members of the team were:

| | |
|-------------------------|----------------|
| Byron Clayton (Captain) | Kyle Hensley |
| Mattye Dahl | Robin Ligons |
| Paul Fyfield | James Robinson |
| Mary Hartel | |

3rd Place: The members of "Magnificent 7" compiled 50,315 minutes of exercise during the Fitness Challenge. Members of the team were:

Kathy Mear (Captain)
Nancy Albertson
Bill Cannon
Olga Casarez

Lorna Graham
Lucile Housley
Jacob James

Honorable Mention: The members of “Too Busy Exercising To Come Up With A Name” compiled 43,905 minutes of exercise during the Fitness Challenge. Members of the team were:

Dan Howells (Captain)
Emily Guillard
Sam Cuevas
Pat Russell

Rick Colvin
Dave Schroeder
John Hegg

The members of the champion teams should be congratulated on their outstanding effort and determination to win. Overall results can be found on the Fitness Challenge webpage at:

http://web.or.blm.gov/HRDC/Programs-Events/Fitness_Challenge/FitnessChallengeFY07.htm

Districts with Unions are reminded to notify their unions of this Information Bulletin and satisfy any bargaining obligations before implementation. Your servicing Human Resources Office or Labor Relations Specialist can provide you assistance in this matter.

Signed by
Michael S. Mottice
Acting, Associate State Director

Authenticated by
Paj Shua Cha
Records Section

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