

For Release: Immediate News Release #:OR-100-2007-015 Contact: Joe Ross Phone: (541) 464-3248

"Experience Your Outdoors" June 2, 5th Annual National Trails Day

ROSEBURG, OR. – The fifth annual National Trails Day, which will be observed on June 2, is a celebration that evolved from the 1987 report of President Reagan's Commission on Americans Outdoors recommending that all Americans be able to go out their front doors and, within 15 minutes, be on trails that wind through their cities and back without retracing steps. This "Trails for All Americans" recommendation became the impetus behind the American Hiking Society (AHS) launching National Trails Day (NTD) in 1993 to increase awareness of trails and support the hundreds of volunteer trail clubs for which every day is Trails Day. More information is on-line at: http://www.americanhiking.org/events/ntd/

The nationwide trails celebration now has over 1,200 dedications, hikes, nature walks, bikes, paddles, horse rides, exhibits, gear demos, workshops and work projects planned. In Douglas County, the Bureau of Land Management (BLM), Forest Service, Oregon Equestrian Trails, Friends of the Umpqua Hiking Club, and others partner to host various trail activities on or around June 2. For info on Friends of the Umpqua Hiking Club, call Richard at 784-2083. For info on Oregon Equestrian Trails Roseburg Chapter, call Brenda Britton at 957-5560 or e-mail to roseburg@oregonequestriantrails.org. Oregon Equestrian Trails, a non-profit corporation established in 1970, builds horse camps & trails in Oregon, maintains communication with land management agencies to ensure equestrian stogether by relating news that impacts all Oregon equestrian trail users.

Individual groups are also needed to "adopt a trail" for cleanups within Douglas County. BLM's Roseburg District Office will provide litter bags and other needed supplies to all volunteers. To help out, call BLM's volunteer program coordinator Joe Ross at (541) 464-3248.

American Hiking Society sponsors a 2007 National Trails Day Photo Contest open to all ages who attend any of the numerous nationwide events. Categories include Outdoor Recreation, Stewardship, and Youth on the Trail. Photo entries must be postmarked by June 15, 2007. Winners will be notified in July, and awards will include LEKI trekking poles, American Hiking merchandise, and other outdoor gear.

National Trails Day 2007 is made possible due to the volunteer efforts of American Hiking Society's individual and Alliance members as well as by the generous support of Nature Valley, Merrell, REI, Thorlo, Adventure Medical Kits, Eastern Mountain Sports, Royal Robbins, Backpacker magazine, American Park Network, Bureau of Land Management, Centers for Disease Control and Prevention, Federal Highway Administration, National Park Service, USDA Forest Service and U.S. Fish and Wildlife Service.

