



United States Department of the Interior

BUREAU OF LAND MANAGEMENT
National Human Resources Management Center
Denver Federal Center, Building 50
Denver, Colorado 80225-0047

IN REPLY
REFER TO:

1400-792 (HR-220)P

October 14, 1999

EMS TRANSMISSION
Information Bulletin No. HR-2000-002

To: All BC, HR, NI, RS, NPIT Employees
From: Director, National Human Resources Management Center
Subject: Availability of Flu Vaccine

The Occupational Health Center, located in Building 40 on the Denver Federal Center, has advised the National Human Resources Management Center that Bureau of Land Management employees may obtain flu shots on October 18 and October 20, 1999. The times the shots are available are from 8:30 to 10:30 a.m. and from 1:00 to 3:00 p.m. both days. If you cannot attend at these times, walk-ins are welcome starting October 18, 1999 - Monday through Thursday from 1:00 and 3:00 p.m. and Friday between 8:30 and 10:30 a.m. until the supply of vaccine has been depleted. Please bring your agency employee identification card with you.

It is recommended you wear loose-fitting sleeves that will allow easy access to your upper arm. Vaccine will not be given if you are allergic to eggs or Thimerosal or if you have had a previous reaction to the vaccine. The vaccine also will not be given if you have a fever, an acute infection or if you are on antibiotics. You cannot take the vaccine if you are pregnant or if you have an allergy shot the same day. Please check with your doctor if you have any health issues, for example, neurological conditions, previously paralyzed with Guillian-Barre Syndrome, or if you are breast feeding. Questions may be directed to Lenna Gerwing at (303) 236-6667.

Signed by:
Linda D. Sedbrook
Director, NHRMC

Authenticated by:
Darlene Robitaille
Secretary